


Privacy authorization

Authorization for disclosure of information.

 Please print clearly and complete all sections.

SECTION 1: Authorization

First name	Middle name	Last name
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Social Security number

I hereby authorize Metropolitan Life Insurance Company ("MetLife") to disclose my protected health information (including demographics, billing, and policy/plan information) related to my Long-Term Care Insurance to the person(s) listed below to allow the person(s) to assist in matters related to my insurance coverage. I also authorize MetLife to speak with and to send written correspondence regarding my claim to the person(s) listed below if requested to do so. I understand that this authorization is voluntary.

Name	Relationship	Phone number

I understand that this authorization will expire 24 months from the date on this form or sooner if prescribed by law. I understand that I may revoke this authorization at any time by notifying MetLife in writing at the address in the enclosed letter, but if I do revoke this authorization, it will not have any effect on any information released before MetLife received the revocation. I understand that refusal to sign will not affect treatment, payment, enrollment, or eligibility for benefits.

I understand that the person(s) listed above may re-disclose any information received. Once re-disclosed, the information may not be protected by applicable privacy laws.

SECTION 2: Signature

If signed by your representative, please enclose any related documentation (e.g. copy of Power of Attorney)

Sign Here	Signature (you or your representative)	Date (mm/dd/yyyy)
	_____	_____

SECTION 3: How to submit this form

Mail:
 Brighthouse Financial
 P.O. Box 14407
 Lexington, KY 40512